

Bruce Monroe Breakfast Menu Taste Test

Purpose: Bruce Monroe has an abnormally low breakfast participation rate compared to other schools within the district. After a small meeting with the parents of children at Bruce Monroe, it was determined that low participation rate may be directly correlated to a lack of culturally sensitive Latino breakfast options. Ideas were gathered from the parents, and three different empanada recipes were developed for students to taste test and give feedback.



Procedure: Twelve students were given a sample of each item one at a time. As they sampled the item they were asked to circle either a “✓”, indicating they liked it, “-” indicating they were indifferent, or an “X” indicating they did not want to see this item on their school breakfast menu. Students were also asked to draw or write ideas for what they would like to see on the breakfast menu.

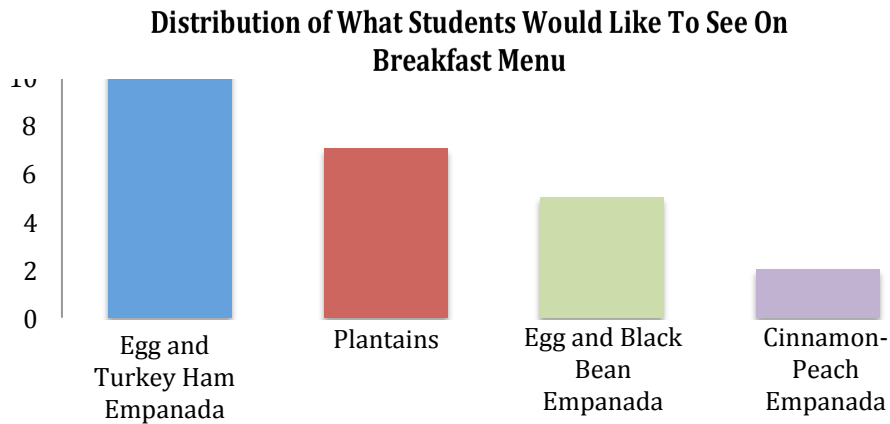


Recipes:

- Cinnamon-peach empanada
- Egg and turkey-ham empanada
- Egg and black bean empanada.
- Plantains to sample as a fruit.

Results: Students ranked the Egg and Turkey Ham Empanada the highest. Eleven of the twelve students would like to see this on the menu. The twelfth student was indifferent and simply wanted more muffins and yogurt.

Students are satisfied with the breakfast options currently being offered. When asked what they would like to see on the menu, nine of twelve students listed items already offered or drew a smiley face to represent their satisfaction in the menu.



Bruce Monroe Student Taste Test Results				
	Cinnamon-Peach Empanada	Egg and Turkey Ham Empanada	Egg and Black Bean Empanada	Plantains
Like	2	11	5	7
Indifferent	5	1	4	2
Didn't Like	5	0	3	3

What students would like to see on the menu: Blueberries; hot dog; banana; egg and pancakes with juice and bacon; more muffins with 2 yogurts; cheeseburger; pancakes, eggs, and bacon with apples and strawberries; pizza; ham and hash browns; or pupusas and strawberries.